

**IBH 1BA3  
Leadership Coaching 1 Fall 2020  
DeGroote School of Business, McMaster University**

**COURSE OBJECTIVE**

This course provides the foundations for building the critical competencies in Managing (“Doing things Right”) to Leading (“Doing the Right Things”). Through in-course group coaching, students will develop and practice the successful behaviours required to grow Emotional Intelligence in the four primary components of Self-Awareness, Self-Management, Social Awareness, and Social Management. The coaching model of “What?” (Understanding the critical theoretical foundations), “So What?” (Specific meaning/impacts for individual students), “Now What?” (action steps for application to self and other), provides the format for teaching and learning. More specifically, students will learn (or learn in greater detail), topics such as personality; values; perception; motivation; communication; group dynamics; leadership; power & politics; conflict & stress management, change management. The emphasis throughout the course is on the strategic management of organizations as well as on their own individual skill development, through the effective understanding and application of theory and related behavioural choices.

**INSTRUCTOR AND CONTACT INFORMATION**

<b>Name:</b> Dr. Teal McAteer	<b>E-Mail:</b> <a href="mailto:mcateer@mcmaster.ca">mcateer@mcmaster.ca</a>
<b>Class Times:</b> Mon, Wed, 2:30-3:20pm & Fri 1:30-2:20pm	
<b>Virtual Office Hours:</b> Wed & Fri 3:30-4:30pm	

**COURSE DELIVERY**

LEARNING ACTIVITIES	DELIVERY	DESCRIPTION	TOOL(S)
<b>Course Core Content</b>	Asynch	Basic points tied to weekly topics; to be elaborated upon and further explained in Live Lectures	Power Point slides posted weekly in Avenue
<b>Readings/Videos</b>	Asynch	Tied to weekly topics	Readings linked in Avenue, from assigned textbook and HBR articles; U-tube Videos linked in Avenue
<b>Office Hours</b>	Synch	2X 1 hour weekly with instructor	Zoom
<b>Professional Development Partners (PDP) Assignment Discussions &amp; Submissions</b>	Synch & Asynch	Synch: Breakout rooms last lecture of each week; Asynch PDP working on own to prepare assignments	Synch: Zoom

Live Lectures	Synch	3X 50min. live sessions per week; opportunity to elaborate on course core content, present challenges, engage discussion	Zoom
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EVALUATIONS	WEIGHT	DESCRIPTION
Professional Development Partners (PDP) Assignments	30%	3X10%each; assignments will each require written answer submissions to five practical questions related to course content
Midterm Exam	35%	MCQs
Final Exam	35%	MCQs